

Calhoun County Schools

November 2014

Oct 30, 2014

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Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 3 Chix Sandwich OR Hotdog Oven Fries Baked Beans\BBQ Chopped Romaine Ranch Dressing Fruit Cocktail Milk Choice	Nov - 4 Ham Sandwich OR Chicken and Noodles Green Beans Lima Beans Sliced Peaches Toasted Bun Chocolate Pudding Milk Choice	Nov - 5 Hamburger OR Salisbury Steak Potatoes, Roasted Glazed Carrots Pineapple Breadstick WW Milk Choice	Nov - 6 Chicken Nuggets Gravy Mashed Potatoes Green Beans Mandarin Oranges Whole Wheat Roll Milk Choice	Nov - 7 Burrito OR Chicken Fajita Refried Beans Chopped Romaine Tomatoes Pears Fresh Belly Bears WG Choc Milk Choice
Nov - 10 Cheeseburger OR BBQ Pork Sandwich Oven Fries Steamed Broccoli Fruit Cocktail Brownie, WG Milk Choice	Nov - 11 Veterans' Day	Nov - 12 Crispito Cheddar Cheese, Shre Pinto Beans WK Corn Romaine Spinach Sala Tomatoes Ranch Dressing Pears Breadstick WW Milk Choice	Nov - 13 Hamburger OR Cheesy Chicken & Ric Green Beans Glazed Carrots Sliced Peaches Whole Wheat Roll Milk Choice	Nov - 14 Chix Sandwich OR Baked Spaghetti California Vegetables Romaine Spinach Sala Ranch Dressing Breadstick WW Pineapple Chocolate Chip Cookie Milk Choice
Nov - 17 Chicken Tenders Mashed Potatoes Gravy Glazed Carrots Pears Whole Wheat Roll Milk Choice	Nov - 18 Chix Sandwich OR Pork Roast Gravy Baked Potato Creamy Coleslaw Breadstick WW Grapes Milk Choice	Nov - 19 Burrito OR Chicken Fajita Refried Beans Chopped Romaine Tomatoes Mandarin Oranges Milk Choice	Nov - 20 Corndog OR Hamburger Sweet Potatoes Fries Baked Beans\BBQ Sliced Peaches Milk Choice	Nov - 21 Thanksgiving Dinner
Nov - 24 Hot Wings Romaine Spinach Sala Ranch Dressing Celery Sticks w/dip Carrot Sticks w/Dip Chips, Tortilla Mission Mandarin Oranges Breadstick WW Milk Choice	Nov - 25 Early Dismissal Pizza, Pepperoni 4X6, California Vegetables Romaine Spinach Sala Ranch Dressing Tomatoes Grapes Milk Choice	Nov - 26 Thanksgiving Holiday	Nov - 27 Thanksgiving Holiday	Nov - 28 Thanksgiving Holiday

This institution is an equal opportunity provider

Menu subject to change

Meals must have 1/2 cup fruit or vegetable and at least 2 other choices (meat, bread/grain or milk) as part of the Offer vs Serve Program.

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient.*

** - denotes combined nutrient totals with either missing or incomplete nutrient data.*

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.